



SCHOOL CATERING BY MARYHAVEN

Breakfast Portion Menu K-12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B'Fast Week #1	1 WG Pop Tarts (2 grain) 4 oz. Applesauce cup 4 oz. 100% Grape Juice 8 oz. Milk	1 WG Banana Bread Slice (2 grain) 1 Fresh Pear 8 oz. Milk	1 Yogurt Cup = 1 meat alt. 1 WG Granola Cereal (1 grain) 1 Pkg. Craisins 4 oz. 100% Orange Juice 8 oz. Milk	1 pkg. WG Mini Cinnamon Pull Apart Rolls (2 grain) 1 Fresh Orange 4 oz. 100% Apple Juice 8 oz. Milk	1 WG Ultimate Breakfast Round "UBR Bar" (2 grain) 1 Fresh Banana 4 oz. 100% Fruit Punch 8 oz. Milk
B'Fast Week #2	1 WG Cold Cereal (2 grain) 1 (4 oz.) Applesauce cup 1 (4 oz.) Grape Juice 8 oz. Milk	1 WG Mini Bagels w/ Cinnamon Cream Cheese (2 grain) 1 Fresh Pear 8 oz. Milk	1 WG Mini Powdered Donuts pack (2 grain) 1 Pkg. Craisins 4 oz. 100% Orange Juice 8 oz. Milk	1 WG Cinnamon Crumb Cake (2 grain) 1 Fresh Orange 4 oz. 100% Apple Juice 8 oz. Milk	1 WG Blueberry Bread Slice (2 grain) 1 Fresh Banana 4 oz. 100% Fruit Punch 8 oz. Milk
B'Fast Week #3	1 WG Pop Tarts (2 Grain) 4 oz. Applesauce cup 4 oz. 100% Grape Juice 8 oz. Milk	1 WG Super Yeast Raised Donut (2 grain) 1 Fresh Pear 8 oz. Milk	1 pkg. WG Mini Cinnamon Pull Apart Rolls (2 grain) 1 Pkg. Craisins 4 oz. 100% Orange Juice 8 oz. Milk	1 WG Banana Bread Slice (2 grain) 1 Fresh Orange 4 oz. 100% Apple Juice 8 oz. Milk	1 WG Ultimate Breakfast Round "UBR Bar" 1 Fresh Banana 4 oz. 100% Fruit Punch 8 oz. Milk
B'Fast Week #4	2 WG Cold Cereal (2 grain) 4 oz. Applesauce cup 4 oz. 100% Grape Juice 8 oz. Milk	1 WG Cinnamon Crumb Cake (2 grain) 1 Fresh Pear 8 oz. Milk	1 Yogurt Cup = 1 meat alt. 1 WG Granola Cereal (1 grain) 1 Pkg. Craisins 4 oz. 100% Orange Juice 8 oz. Milk	1 WG Ultimate Breakfast Round "UBR Bar" 1 Fresh Orange 4 oz. 100% Apple Juice 8 oz. Milk	1 WG Super Yeast Raised Donut (2 grain) 1 Fresh Orange 4 oz. 100% Fruit Punch 8 oz. Milk
B'Fast Week #5	1 WG Pop Tarts (2 Grain) 4 oz. Applesauce cup 4 oz. 100% Grape Juice 8 oz. Milk	1 WG Blueberry Bread Slice (2 grain) 1 Fresh Pear 8 oz. Milk	1 WG Mini Bagels / Strawberry Cream Cheese (2 grain) 1 Pkg. Craisins 4 oz. 100% Orange Juice 8 oz. Milk	1 WG Super Yeast Raised Donut (2 grain) 1 Fresh Orange 4 oz. 100% Apple Juice 8 oz. Milk	1 WG Cinnamon Bun (2 grain) 1 Fresh Banana 4 oz. 100% Fruit Punch 8 oz. Milk

KT:SK 1/9/17

WG = Whole Grain Milk is 1% white or Fat Free Flavored

Menu may change

"This institution is an equal opportunity provider."