



## SCHOOL CATERING BY MARYHAVEN

Oct. 31 – Dec. 2, 2016 Breakfast & Lunch Menu HS 9-12

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>B'FST</b>	WG Granola Cereal Fresh Pear Milk	Oat Chocolate Chip "UBR" Ultimate Breakfast Round Fresh Apple Milk	WG Pop Tarts Fresh Orange 100% Apple Juice Milk	WG Bagel w/ Cream Cheese Fresh Banana 100% Orange Juice Milk	WG Super Donut Apple slices Milk
<b>L U N C H 1</b>	<b>Oct. 31</b> Spiral Rotini w/ Italian Meat Sauce Green Beans WG Bread Apple Slices Milk	<b>Nov. 1</b> Turkey Pepperoni Calzonettes Whole Kernel Corn Strawberry Craisins 100% Grape Juice Milk	<b>Nov. 2</b> BBQ Beef Rib Patty on Whole Grain Bun Baked Beans Fresh Apple Milk	<b>Nov. 3</b> Chicken Patty on WG Hamburger Bun Broccoli w/ Cheese Fresh Orange 100% Apple Juice Milk	<b>Nov. 4</b> Italian & Cheese Sub Flamin' Hot Cheetos Baby Carrots Ranch Dressing Fresh Pear Milk
<b>L U N C H 2</b>	<b>Nov. 7</b> Hamburger on Whole Grain Bun Cheddar Potatoes Fresh Banana 100% Apple Juice Cup Milk	<b>Nov. 8</b> Spicy Chicken Patty Whole Grain Bread Baked Beans Fresh Pear Milk	<b>Nov. 9</b> Grilled Cheese Green Beans w/ Red Peppers Apple slices Milk	<b>Nov. 10</b> Cheese Pizza Seasoned Broccoli Frozen Fruit Side Kick Fresh Orange Milk	<b>Nov. 11</b>  No School
<b>L U N C H 3</b>	<b>Nov. 14</b> Meatballs in Gravy Mashed Potatoes Whole Grain Bread Fresh Orange 100% Grape Juice Cup Milk	<b>Nov. 15</b> Macaroni & Cheese Green Beans w/ Red Peppers Whole Grain Bread 100% Fruit Punch Cherry Craisins Milk	<b>Nov. 16</b> Jumbo Hot Dog* Whole Grain Hot Dog Bun (No Pork: Turkey Hot Dog) Baked Beans Sweet Chili Doritos Frozen Fruit Side Kick Fresh Banana Milk	<b>Nov. 17</b> Italian Sub Baby Carrots Ranch Dressing Sun Chips Fresh Apple Milk	<b>Nov. 18</b> Mexican Beef & Cheese Fiestada Broccoli Cuts Fresh Pear Milk
<b>L U N C H 4</b>	<b>Nov. 21</b> BBQ Beef Rib Patty on Whole Grain Bun Green Beans w/ Red Peppers Apple Slices Milk	<b>Nov. 22</b> Cheese Pizza Seasoned Broccoli 100% Fruit Juice Cup Blueberry Craisins Milk	<b>Nov. 23</b>  No School	<b>Nov. 24</b>  No School	<b>Nov. 25</b>  No School
<b>L U N C H 5</b>	<b>Nov. 28</b> Sloppy Joe on Whole Grain Bun Seasoned Potatoes w/ Red Peppers Fresh Orange 100% Fruit Juice Cup Milk	<b>Nov. 29</b> Chicken Patty on WG Hamburger Bun Baked Beans Fresh Banana Cranberry Craisins Milk	<b>Nov. 30</b> WG Cheese Pizza Tossed Salad Ranch Dressing Fresh Pear Milk	<b>Dec. 1</b> Chicken Tenders Seasoned Broccoli Whole Grain Bread Fresh Apple Milk	<b>Dec. 2</b> Turkey Bologna & Cheese Sandwich Flamin Hot Cheetos Baby Carrots Fresh Banana Frozen Fruit Side Kick Milk

BT:KT 10/26/16 WG = Whole Grain \* contains pork Milk is 1% white or Fat Free Flavored "This institution is an equal opportunity provider."